



# Ballard Elementary K-5 LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MARCH</b> <b>HARVEST OF THE MONTH</b>  Kiwi Quinoa Jicama	DAYLIGHT SAVINGS TIME ends March 11  <i>Free &amp; Reduced-meal forms can be obtained from all building offices at any time throughout the school year.</i>	 <b>FRUIT &amp; VEGETABLE BAR</b> Fresh vegetables plus fresh and canned fruits are available daily with lunch from the Fruit & Vegetable Bar.	1 Pork Tenderloin Sandwich Tator Tots	2 Cheese Bread with Marinara Sauce Cole Slaw
			<b>Alternative Entrée</b> Ham & Cheese Sandwich	<b>Alternative Entrée</b> Yogurt Pak
5 Hot Dog Baked Beans Kettle Chips	6 Pizza Parlor Pepperoni Pizza Lettuce Salad	7 Chicken Patty on Wheat Bun Sweet Potato Fries	8 Walking Taco Mexican Rice Churro	<h1>No School</h1>
<b>Alternative Entrée</b> Chicken Caesar Salad	<b>Alternative Entrée</b> Chef Salad	<b>Alternative Entrée</b> Taco Salad	<b>Alternative Entrée</b> Ham & Cheese Sandwich	
12 	<h2>Spring Break/No School</h2>			16 
19 Chicken and Noodles Mashed Potatoes Bread Stick	20 Toasted Cheese Sandwich Tomato Soup Crackers	21 Salisbury Steak Mashed Potatoes & Gravy Wheat Dinner Roll	22 Omelet Breakfast Potato Casserole Cookie	23 Roasted Chicken Leg Rice Corn Dinner Roll
<b>Alternative Entrée</b> Ham & Cheese Sandwich	<b>Alternative Entrée</b> Turkey Sub	<b>Alternative Entrée</b> Chicken Caesar Salad	<b>Alternative Entrée</b> Ham & Cheese Sandwich	<b>Alternative Entrée</b> Yogurt Pak
26 Baked Potato Bar with Ham and Cheese Broccoli Wheat Bread	27 Italian Beefy Macaroni Tossed Salad Garlic Toast	28 Pizza Parlor Cheese Pizza Peas Birthday Cake	29 Corn Dog Mac & Cheese Glazed Carrots	30 Fish Nuggets Potato Wedges
<b>Alternative Entrée</b> Ham & Cheese Sandwich	<b>Alternative Entrée</b> Roast Beef Sandwich	<b>Alternative Entrée</b> Chef Salad	<b>Alternative Entrée</b> Turkey Sub	<b>Alternative Entrée</b> Yogurt Pak

Menus subject to change without notice.

### LUNCH PRICES

Elementary	\$ 2.00
Secondary	2.15
Premium	2.70
Reduced	0.40
Additional Milk	0.40
Adult Lunch	2.95
Extra Entrée	1.55

Milk Choice of 1%, Skim and Skim Chocolate is included with Lunch



- Prepared From Scratch
- Contains Pork
- Whole Grain Item
- USDA Food
- Farm to School Item
- Harvest of the Month

To check the balance in your account or for additional information, contact:  
 Grant Chapin FSD  
 (515) 597-2811  
[gchapin@ballard.k12.ia.us](mailto:gchapin@ballard.k12.ia.us)