



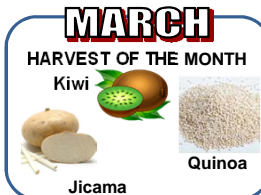
Ballard High School Food Court Lunch Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>Includes Fruit, Vegetable, Milk \$2.15</p>	MARCH IS NATIONAL NUTRITION MONTH			1 Ravioli or Toasted Cheese Sand	2 Cheeseburger or Fish Sandwich	
	5 BBQ Riblet or Cheese pizza	6 Sweet and Sour Turkey or Ham and Cheese Sand	7 Chicken Sandwich or Meatball Sub	8 Walking Taco or BBQ Pork Sand	9 No School	
	12	Spring Break No School			15	16
	19 Pork Tenderloin Or Sausage Pizza	20 Turkey and Gravy or Salisbury Steak	21 Cheesecake Dunkers Roast Beef Sand	22 Beef and Noodles or BBQ Riblet	23 Chicken Nuggets Toasted Cheese Sand	
	26 Cheeseburger or Pepperoni Pizza	27 Goulash or Toasted Ham and Cheese	28 Chicken Legs or BBQ Pork Sand	29 Mandarin Chicken or Sloppy Joe	30 Corn Dog or Fish Nuggets	
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>Includes Fruit, Vegetable, Milk \$2.70</p>	Pepperoni Pizza Cheese Pizza	Sausage Pizza Cheese Pizza Specialty Pizza	Pepperoni Pizza Cheese Pizza	Sausage Pizza Cheese Pizza Specialty Pizza	Pepperoni Pizza Cheese Pizza	
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>Includes Milk \$2.70</p>	Garden Fresh Choices Salad Bar with Soup and Breadstick, Daily					
	<p>Fresh vegetables plus fresh and canned fruits are available Daily with lunch from the Fruit and Vegetable Bar</p>					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>Includes Fruit, Vegetable, Milk \$2.70</p>				1 Footers	2	
	5 Panini Sandwich	6	7 Southwestern Burger Fries	8	9 No School	
	12	Spring Break No School			15	16
	19 Santé Fe Rice Bowls	20	21 Chili Cheese Fries	22	23 Pad Thai with Turkey	
	26 Footers	27	28 Parmesan Chicken Sand Fries	29	30 Chicken Mashed Potato Bowl	

Menus subject to change without notice.

Milk Choice of 1%, Skim, and Skim Chocolate is included with Lunch



Free & Reduced-meal forms can be obtained from all building offices at any time throughout the school year.

To check the balance in your account or for additional information, contact:
Grant Chapin, FSD
(515) 597-2811
gchapin@ballard.k12.ia.us

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